**Sample One Day Schedule**

Time Activity Lessons/Presentations

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| 9:00am | Welcome and Introductions |  |
| 9:20– 9:45am | Overview of Indoor Gardening Curriculum | PPT and review how to read standards related to the Indoor Gardening Curriculum, website |
| 9:45 –11:00 | Indoor Soil Gardening: Intro Plant & Growth Activities  Round Robin | Garden Soil Exploration Lesson  Reading a Seed Packet Lesson  Starting Plants in the Classroom Lesson  Do You Know the Parts of Plants?  Plant Parts: Leaves  Plant Parts: Seeds,  Plant Parts: Flowers  Plant Parts: Roots  Salad Container Greenhouses  Eggheads |
| 11:00-11:15am | Break |  |
| 11:15am-12:00pm | Hydroponic Systems Overview and Power Point | Intro to Hydroponics, Hydroponics PPT, Indoor Lighting and discussion including hands-on activities such as Hydroponic Growing Mediums Lesson |
| 12:00-1:00pm | Working Lunch and Discussions | Guest presenters and what’s available in in the area for help with projects. |
| 1:00 -2:00pm | Hydroponic System Lessons, Hands-on Construction. | Simple Passive Hydroponic Systems, Floating Hydroponic and Aquaponic Systems, Desktop Aquaponics |
| 2:00-2:15 | Break |  |
| 2:15 – 3:45 | NFT Hydroponic Systems – Gutter Systems, Vertical Bucket Tower Growing Systems  Hands-on Construction | Chena Hot Springs (vertical) Grow Tower, NFT Hydroponic Systems |
| 3:45-4:45 | Indoor Gardening Curriculum Round Table Activity Session and Discussion, School Gardening Curriculum Connections | Round Table Idea Share |
| 4:45 | Wrap up and Reflection |  |